



Massage by Rosie

# Massage Intake Form

## Client Information

Date: \_\_\_\_\_

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Gender  Male  Female

Cell Phone: \_\_\_\_\_ Text OK?  Yes  No

How do you prefer to be contacted?  
\_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ ST: \_\_\_\_\_ Zip: \_\_\_\_\_

Occupation: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Emerg. Cont. Phone: \_\_\_\_\_

How Did You Hear About Us? \_\_\_\_\_

Have you ever had professional massage before?  Yes  No if yes, when? \_\_\_\_\_

## Medical Background

Are you currently under the care of a physician?  Yes  No if yes, for what condition? \_\_\_\_\_

Previous surgeries/injuries/accident/illness and dates: \_\_\_\_\_

Do you have any contagious disease?  Yes  No if yes, for what disease? \_\_\_\_\_

Do you suffer from frequent headaches?  Yes  No if yes, how often? \_\_\_\_\_

Please list any medications you are taking and why: \_\_\_\_\_

Are you Pregnant?  Yes  No If yes, when are you due? \_\_\_\_\_

## Client Self Assessment

Please check any condition listed below that applies to you:

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Arthritis           | <input type="checkbox"/> Varicose Veins        | <input type="checkbox"/> Numbness        |
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Osteoporosis          | <input type="checkbox"/> Stabbing Pain   |
| <input type="checkbox"/> Diabetes            | <input type="checkbox"/> Allergic to nuts      | <input type="checkbox"/> Broken Bones    |
| <input type="checkbox"/> Epilepsy/Seizures   | <input type="checkbox"/> Allergic to oils      | <input type="checkbox"/> Recent Surgery  |
| <input type="checkbox"/> Joint Swelling      | <input type="checkbox"/> Other Allergies _____ | <input type="checkbox"/> Sprains/Strains |
| <input type="checkbox"/> Open Sores          | <input type="checkbox"/> Cancer                | <input type="checkbox"/> TMJ Problems    |
| <input type="checkbox"/> Cardiac Problems    | <input type="checkbox"/> Circulatory Problems  |  |
| <input type="checkbox"/> Kidney Disease      | <input type="checkbox"/> Tennis Elbow          |  |

Comments: \_\_\_\_\_

Do you smoke?  Yes  No

How often do you exercise? \_\_\_\_\_



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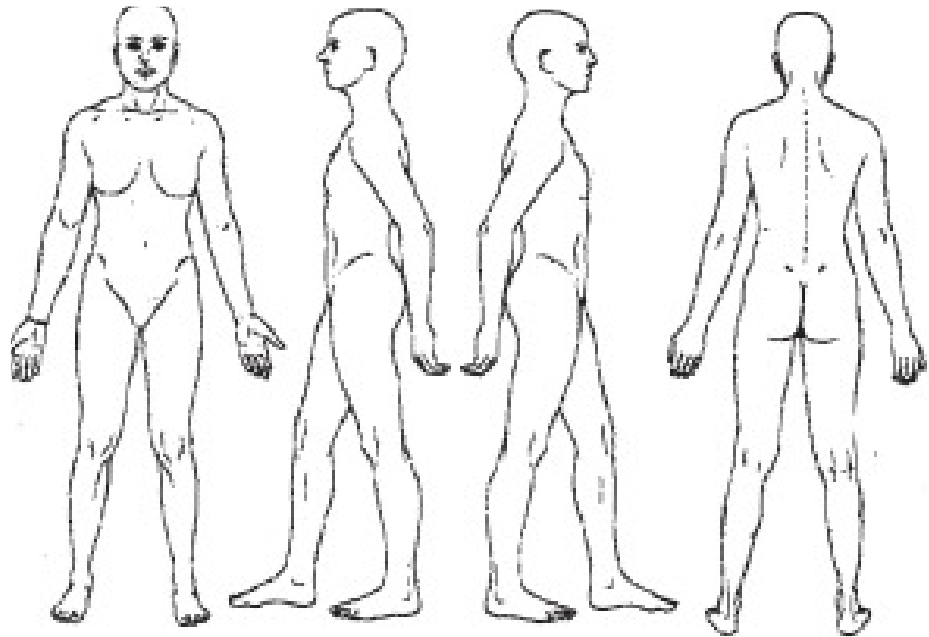
Name: \_\_\_\_\_

Date: \_\_\_\_\_

What is your reason(s) for your massage today?

- Relaxation    
  Release Tension    
  Aid in Recovery from an Injury    
  Other \_\_\_\_\_

Please indicate with a circle any areas you are feeling discomfort.



Comments: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

## **Informed Consent to Treatment**

- I have completed this form to the best of my knowledge and will inform the massage therapist of any change in my physical health.
- I understand that a massage therapist can not diagnose illness, disease, or any other medical, physical, or emotional disorder nor perform any spinal manipulations. I am responsible for consulting a qualified physician for any physical ailments that I have.
- I understand that massage therapy is a therapeutic health aide and is non-sexual. I also understand that any illicit or sexually suggestive remarks or advances made will result in immediate termination of the session, and I will be liable for payment of the scheduled appointment.
- I understand that if the massage therapist starts a session late, she will make it up to me at the end of my session if possible, or will reduce my fee accordingly. I understand that if I arrive late, my session will end at the originally scheduled time so the client following me is not penalized and full payment will be due.
- I agree to give 24-hour notice for a scheduled session that I cannot keep. I am aware that I may be charged the full fee for any missed sessions or for sessions that I do not give 24-hour notice to cancel or reschedule.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_